

# LOWERWEIGHT | 2023 LOS ANGELES

PULL-UPS   LOWERWEIGHT		
Place	Competitor	Reps
1st	Omari Jinaki	34
2nd*	Yanil Gonzalez	29
3rd**	Isaac Garcia	27t

SQUATS   LOWERWEIGHT		
Place	Competitor	Reps
1st	Brayam Barrientos	118
2nd	Omari Jinaki	117
3rd	Jack Barr	111

DIPS   LOWERWEIGHT		
Place	Competitor	Reps
1st	Omari Jinaki	73
2nd	Yanil Gonzalez	59
3rd	Brayam Barrientos	57

SIT-UPS   LOWERWEIGHT		
Place	Competitor	Reps
1st	Jack Barr	88
2nd	Brayam Barrientos	85
3rd	Sebastian Leal	80

PUSH-UPS   LOWERWEIGHT		
Place	Competitor	Reps
1st	David Escalera	71
2nd	Omari Jinaki	70
3rd***	Rob Winings	60t

\* Mark Cunanan performed 31 reps, but is not eligible for podium placement, due to competing in only 2 of 5 events. Athletes must compete in 4 of 5 events or provide a medical exemption to be considered for podium awards.

\*\* Isaac Garcia and David Escalera tied with 27 reps. Isaac won the head-to-head tiebreak with 23 reps, to David's 21 reps

\*\*\* Rob Winings and Jack Barr tied with 60 reps. In the 1 minute tiebreak Rob won with 35 reps to 34 reps.

# UPPERWEIGHT | 2023 LOS ANGELES

PULL-UPS   UPPERWEIGHT		
Place	Competitor	Reps
1st	Juan Pinto	25
2nd	Mario Vassall	22
3rd	Bryan McDonough	21

SQUATS   UPPERWEIGHT		
Place	Competitor	Reps
1st	Mario Vassall	112
2nd	Eric Conner	111
3rd	Juan Pinto	110

DIPS   UPPERWEIGHT		
Place	Competitor	Reps
1st	Juan Pinto	66
2nd	Bryan McDonough	51
3rd*	Adrian Nava	48

SIT-UPS   UPPERWEIGHT		
Place	Competitor	Reps
1st	Jorge Rodriguez	87
2nd	Juan Pinto	83
3rd	Andrew Thompson	76

PUSH-UPS   UPPERWEIGHT		
Place	Competitor	Reps
1st	Juan Pinto	65
2nd	Mario Vassall	56
3rd	Adrian Nava	48

\* Adrian Nava, Mario Vassall, and Mikita tied for 3rd place. Mikita is not eligible for podium placement because he only competed in one event. Athletes must compete in 4 of 5 events or provide a medical exemption to be considered for podium awards.

Adrian and Mario competed in a 1 minute head-to-head tiebreak, and tied again with 37 reps each.

They went immediately into a sudden death tiebreak with no rest. 1 minute dips again, Adrian won with 21 reps to 15 reps.